

Menu is subject to change.



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Spring Breakfast



French Toast Sticks ⁹
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8 oz

Breakfast Sandwich ¹⁰
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk -8oz

Breakfast Pizza ¹¹
100% Fruit Juice ½ Cup
or
prepared Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ¹²
100% Fruit Juice ½ Cup
or
prepared Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ¹⁵
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Pizza ¹⁶
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ¹⁷
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk -8oz

Breakfast Burrito ¹⁸
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk -8oz

Breakfast Sandwich ¹⁹
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk -8oz

Breakfast Sandwich ²²
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Pizza ²³
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ²⁴
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

French Toast Sticks ²⁵
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ²⁶
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Sandwich ²⁹
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Pizza ³⁰
100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup

Milk-8oz

Breakfast Options Daily

- *Daily Entrée-1 (2g) or
- *Cereal 2 oz- (2G)

Offered with all Breakfasts

- *Whole Grain (WG) Entrees
- *Daily Selection of Fresh &

Prepared Fruit or 100% juice -1/2 cup servings may take 1 cup

*NY State Non Fat Milk 8oz



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

If your Son or Daughter has a particular food allergy, please contact the food service office @ (716) 337-0166

FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in NSLP and NSBP. Including all specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk

